Directions: Chenango Valley State Park to Shower Facilities at Chenango Valley High School. Out of CV State Park and turn Right onto State Route NY 369. In about 3 ½ miles merge onto I-88 W & NY-7 towards Binghamton. In about 2 miles take EXIT 2 for NY-12A and at the top of the exit ramp Turn Left. Chenango Valley High School, Chenango Bridge Road, Binghamton, NY is Straight ahead. Look for Signs and/or Attendants to direct you to Parking for Shower Facilities.

Directions: Holiday Inn Binghamton to Chenango Valley State Park. Start out going east on Hawley St toward Exchange St. Then take the 1st right onto Exchange Street. (The YWCA is on the corner. If you reach Myrtle Ave you've gone a little too far). Merge onto NY-363 North and Brandywine Hwy North via the ramp on the left. (If you reach Conklin Ave you've gone about 0.1 miles too far) and stay straight to go onto NY-7 E/Brandywine Hwy North and Continue to follow NY-7 E. for about 6 miles. Then take the NY-369 exit, EXIT 3, toward Port Crane. In a quarter mile turn left onto NY-369/County Hwy-165/State Route 369. Continue to follow NY-369/State Route 369. (If you are on Albany St and reach Canal St you've gone a little too far). In approximately 3.5 miles CARS will turn left onto State Park Road and Buses will turn left onto Rogers Road. (If you reach Sooky Cir you've gone about 0.1 miles too far). Chenango Valley State Park, 153 STATE PARK RD, Port Crane is on the right.

2016 New York State Cross Country Championships
Chenango Valley State Park
Hosted by Section IV

NYSPHSAA PARKING FEE
$10 PER VEHICLE